



**Academy of Theatre and Dance**  
Amsterdam University of the Arts

## **BA in Choreography**

### **Course description**

Course: Movement Research

Teacher(s): Bruno Listopad

Year group: SNDO1

Study year: 2018-2019

Period: 6 May 2019 - 13 June 2019

Weeks (block:) 6 weeks (block: 5)

Time: To be defined

Hours: 120 minutes 3 x per week

Total amount of contact hours:

Total amount of self-study hours (reading, writing, homework tasks, etc.):

Starting date: 6 May 2019

Date of completion: 14 June 2019

**Study points:** Student acquires credits/study points based on minimum of 90% participation in the course (in case of excused absence the minimum required is 70% presence). The full course study points are awarded if student participated in the above mentioned amount *and* in relationship to the quality of participation and development expected for the course.

**Content (concept and week to week outline):**

With this course, the students will explore how processes of perception can be intensified anew by exploring the notions of movement as an occurrence, tensegrity, and estrangement. This will be achieved through a speculative and processual practice that questions the contours of the body and explores the relation of the 'self' as 'other', control and intuition, determinacy and indeterminacy. The participants will have the opportunity to research how the production of concepts, fiction, constraint, contingency, and precariousness can be repurposed to reconfigure embodied movement and to potentially dramatize experiences to others. The class will evolve gradually from a gentle introspective warm-up based on relaxation, sensitization, and desensitization of habitual patterns, towards a more extroverted emergent exploration of a body recursively produced by the 'estrangement of itself'. □□

**Week 1:** introduction, contextualization / speculative visualization / assemblage of bones instead of 'one' skeleton / movement as an occurrence being moved / gravity and levity / estrangement; connecting to disconnection

**Week 2:** speculative visualization / assemblage of bones instead of 'one' skeleton / gravity–levity / movement as an occurrence being moved / gravity and levity / collapse / rotations and instrumentalisation / multidirectional balance and tensegrity / residual movement / estrangement: connecting to disconnection

**Week 3:** speculative visualization / assemblage of bones instead of 'one' skeleton / gravity and levity / movement as an occurrence being moved / gravity and levity / colapsation /

Note for teachers: your course description needs to be sent to SNDO admin [esther.arribas@ahk.nl](mailto:esther.arribas@ahk.nl) two weeks after the course is confirmed and no later than three (3) weeks prior to the course commencement. This form (must be) available to students in the weeks prior to the start of the course.

rotations instrumentalization / multidirectional balance and tensegrity / estrangement: connecting to disconnection

Week 4: speculative visualization / estrangement: connecting to disconnection / assemblage of bones instead of 'one' skeleton / body as a container / slippery bones / relocating compression / multidirectional balance and tensegrity

Week 5: speculative visualization / estrangement: connecting to disconnection / assemblage of bones instead of 'one' skeleton / environment and site / affect, relationality, emergence / consensual and dissensual attunement / (vortexing) dramatizing an occurrence and splitting from one.

Week 6: integration and navigation of all the above-mentioned principles accumulated / possible digressions and future orientations by repurposing the learned principles / course feedback.

Objectives and assessment criteria: (the student is able to..):

Development of focused concentration and the awareness of the body as an assemblage in movement. Porosity: development of the body as a spatial threshold. Sensitization and desensitization of habitual movement patterns. Acquaintance with estrangement: connecting to disconnection. Development of proprioception and kinesthesia. Integration of differentiated articulation through the awareness of tensegrity/multidirectional balance. Inspire the exploration of alterity through the creation of concepts that enable to generate new movement and to estrange familiar one.

Literature, websites, background: (as reference or actual course material):

Teaching format:

- ☐ technique class
- ☒ task directed education
- ☐ learning through performance project
- ☐ seminar / group work
- ☐ stage / work placement
- ☐ individual advising
- ☐ instruction, self-study, feedback
- ☐ peer to peer feedback
- ☐ various
- ☐ other: please describe

Form of students output:

- ☒ process
- ☐ product
- ☐ presentation
- ☐ report
- ☐ essay
- ☐ (theory) exam
- ☐ other: please describe

Assessment by whom:

- ☒ teacher
- ☐ group
- ☐ someone else: please describe

Assessment:

(dialogue / progress oriented / sanction, repeat or re-doing)

Dialogue, process oriented

Which competences the course contributes to (please refer to the end goals/competences in the SNDO study guide):

III INVESTIGATIVE AND REFLECTIVE ABILITIES

Conditions:

Remarks: